

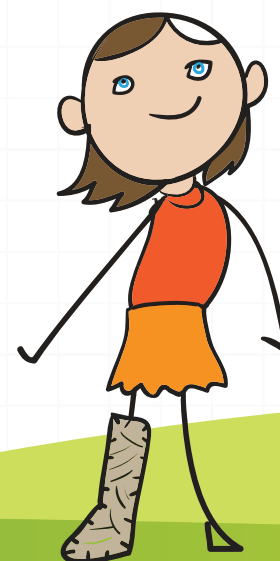
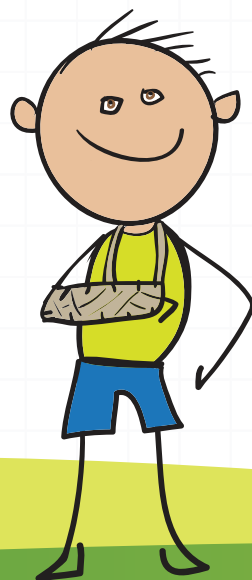


INTERNATIONAL  
“FRACTURES IN CHILDREN”  
*Symposium 2025*

**IFICS 2025**

15<sup>TH</sup>, 16<sup>TH</sup> & 17<sup>TH</sup> AUGUST, 2025

HYATT REGENCY, VIMAN NAGAR, PUNE



[www.ifics.in](http://www.ifics.in)

## TEAM IFICS



**DR. SANDEEP  
PATWARDHAN**



**DR. TARAL  
NAGDA**



**DR. PREMAL  
NAIK**



**DR. MANDAR  
AGASHE**



**DR. BINOTI  
SHETH**



**DR. NEERAJ  
BIJLANI**



**DR. ASHOK  
SHYAM**

## PATRON



**DR. PARAG  
SANCHETI**



# FACULTY

## FOREIGN FACULTY



**DR. SHITAL  
PARIKH**



**DR. SANDEEP  
HEMMADI**



**DR. CLARE  
CARPENTER**



**DR. ASHOK  
JOHARI**

## NATIONAL FACULTY



**DR. ALARIC  
AROOJIS**



**DR. AMIT  
NEMADE**



**DR. ASHISH  
RANADE**



**DR. AVI SHAH**



**DR. BANSI  
KHAUNTE**



**DR. BHUSHAN  
SAGADE**



**DR. CHAITRALI  
GUNDAWAR**



**DR. CHINTAN  
DOSHI**



**DR. DARSHAN  
KAPOOR**



**DR. DEEPAK  
JAIN**



**DR. DHIREN  
GANJWALA**



**DR. GOVARDHAN  
INGALE**



**DR. HITESH  
CHAUHAN**



**DR. HITESH SHAH**





# FACULTY



## NATIONAL FACULTY



**DR. JAIDEEP  
DHAMELE**



**DR. JAYANTH  
SAMPATH**



**DR. K. C. SREEKANTH**



**DR. K. VENKATADASS**



**DR. KAPIL  
GANGWAL**



**DR. NIRMAL RAJ  
GOPINATHAN**



**DR. RAJIV  
NEGANDHI**



**DR. RAJEEV  
NIRAWANE**



**DR. RANJIT  
DESHMUKH**



**DR. ROHIT JAIN**



**DR. RUJUTA  
MEHTA**



**DR. SAKTI  
DAS**



**DR. SAMEER  
DESAI**



**DR. SANDEEP  
VAIDYA**



**DR. SUSHANT  
SRIVASTAVA**



**DR. T. EASWAR**



**DR. TARANG  
KHAIRNAR**



**DR. TUSHAR  
AGRAWAL**



**DR. VIRAJ  
SHINGADE**



**DR. VIVEK  
SODHAI**

# FACULTY

## SPORTS INJURIES IN CHILDREN COURSE



**DR. ADITYA  
DAFTARY**



**DR. ASHUTOSH  
AJARI**



**DR. CHETAN  
OSWAL**



**DR. ISHAN  
SHEWATE**



**DR. KAILASH  
PATIL**



**DR. MILIND  
GAJEWAR**



**DR. MUKESH  
LADDHA**



**DR. NILESH  
KAMAT**



**DR. RAJEEV  
RAMAN**



**DR. SACHIN  
TAPASVI**



**DR. SHIRISH  
PATHAK**



**DR. SUNNY  
GUGALE**

## DEFORMITY COURSE



**DR. ISHANI  
CHAUDHARY**



**DR. MANGAL  
PARIHAR**



**DR. MILIND  
CHAUDHARY**



**DR. JOBAN  
BABHULKAR**

## GRAF COURSE

## PROGRAM AT A GLANCE

### IFICS ONLINE SCHOOL

- Session 1:** Friday, August 1, 2025: Basics of Childrens' fractures: **Dr. Taral Nagda**
- Session 2:** Saturday, August 2, 2025: Breaking Point - Physeal Injuries in Kids: **Dr. Premal Naik**
- Session 3:** Sunday, August 3, 2025: The Elbow Trap - Mastering Supracondylar Fractures in Children:  
**Dr. Mandar Agashe**
- Session 4:** Friday, August 8, 2025: Beyond the Hinge - Mastering Paediatric Elbow Fractures  
(That Aren't Supracondylar): **Dr. Mandar Agashe**
- Session 5:** Saturday, August 9, 2025: Twist and Shout - Managing Paediatric Forearm Fractures: **Dr. Binoti Sheth**
- Session 6:** Sunday, August 10, 2025: Paediatric Lower Limb Fractures Demystified: **Dr. Shital Parikh**



## IFICS MAIN CONFERENCE (PUNE)

### DAY 1: FRIDAY, AUGUST 15, 2025

- Acute Physeal Injuries
- Distal Radius Fractures
- Forearm Fractures
- The Supracondylar Show
- Lateral condyle Humerus fractures
- IFICS Karyashala 1
- Re-Live Surgeries by the experts
- Uncommon Upper limb fractures
- Kaun Banega “Case” Pati
- Chota Re-charge

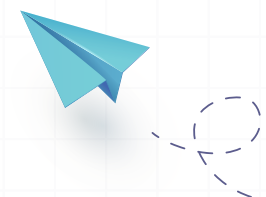


### DAY 2: SATURDAY, AUGUST 16, 2025

- Controversies with Coffee: Debate
- IFICS International Guest lecture
- Proximal femoral Fractures
- Oration
- Fracture Shaft Femur
- Fractures around knee
- IFICS Karyashala 2
- Fracture Tibia and Ankle fractures
- What Went Wrong
- Fireside Talks

### DAY 3: SUNDAY, AUGUST 17, 2025 (POST- CONFERENCE WORKSHOPS)

- Hall A:** IFICS Masterclass 1 - Post- traumatic Deformity correction in children
- Hall B:** IFICS Masterclass 2 - Comprehensive Adolescent Sports Injury Symposium
- Hall C:** “Graf” Basic Hip Ultrasound Course





# IFICS ONLINE SCHOOL

FRIDAY, AUGUST 1, 2025 | TIME: 07.00 PM - 09.00 PM (IST)

## SESSION 1: BASICS OF CHILDRENS' FRACTURES

Moderator: Dr. Taral Nagda

07.00 - 07.15 pm	Understanding Paediatric fractures - How are kids fractures different than adults?	<b>Dr. T. Easwar</b>
07.15 - 07.30 pm	All Izz Well.... All paediatric fractures remodel.... Or do they..?	<b>Dr. Chintan Doshi</b>
07.30 - 07.45 pm	Reading Paediatric X-rays Right - Missed and Mis-diagnosed 'fractures' in children	<b>Dr. Taral Nagda</b>
07.45 - 08.00 pm	Fix It or Forget It? Non-operative Management of common paediatric fractures	<b>Dr. Bansi Khaunte</b>
08.00 - 08.15 pm	When Steel Meets Tiny bones - Surgical Pearls and Indications of surgical management	<b>Dr. Sameer Desai</b>
08.15 - 08.30 pm	The Clock is Ticking - Emergency Paediatric Fractures	<b>Dr. Amit Nemade</b>
08.30 - 09.00 pm	Q&A and case discussions	







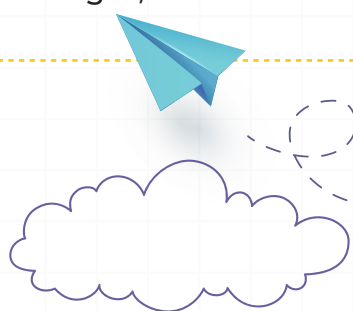
# IFICS ONLINE SCHOOL

SATURDAY, AUGUST 2, 2025 | TIME: 07.00 PM - 09.00 PM (IST)

## SESSION 2: BREAKING POINT - MASTERING PHYSEAL INJURIES IN KIDS

Moderator: Dr. Premal Naik

07.00 - 07.15 pm	Growing Concerns - Anatomy & Biology of the Physis	<b>Dr. Vivek Sodhai</b>
07.15 - 07.30 pm	Crack the Code - Salter-Harris and Beyond	<b>Dr. Jaideep Dhamele</b>
07.30 - 07.45 pm	The Physis on Film - Imaging Strategies That Matter	<b>Dr. Bhushan Sagade</b>
07.45 - 08.00 pm	Hold the Knife - Non-Operative Approaches to Physeal Injuries	<b>Dr. Ashish Ranade</b>
08.00 - 08.15 pm	Cutting Edge - Surgical Decision-Making in Physeal Injuries	<b>Dr. Hitesh Chauhan</b>
08.15 - 08.30 pm	Time Bombs - Complications of Physeal Injuries	<b>Dr. Avi Shah</b>
08.30 - 09.00 pm	Location, Location & Location - Region-Specific Physeal Challenges; Interactive case discussions	<b>Dr. Premal Naik</b>





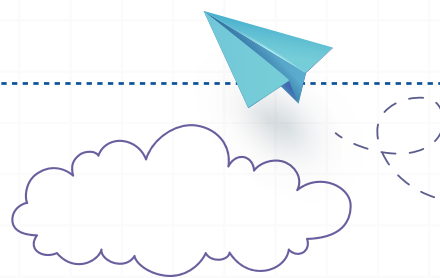
# IFICS ONLINE SCHOOL

SUNDAY, AUGUST 3, 2025 | TIME: 07.00 PM - 09.00 PM (IST)

## SESSION 3: THE ELBOW TRAP - MASTERING SUPRACONDYLAR FRACTURES IN CHILDREN

Moderator: Dr. Mandar Agashe

07.00 - 07.15 pm	Breaking Point - Anatomy and Mechanism of Supracondylar Fractures	<b>Dr. Rohit Jain</b>
07.15 - 07.30 pm	Bend or Break? Radiographic Evaluation & Classification	<b>Dr. Ranjit Deshmukh</b>
07.30 - 07.45 pm	Don't Miss This! Neurovascular Assessment & Emergencies	<b>Dr. Venkatadass K.</b>
07.45 - 08.00 pm	Cast It Right - Non-operative Management of Type I and Type II	<b>Dr. Deepak Jain</b>
08.00 - 08.15 pm	Pin It to Win It - Surgical Management Essentials with configurations and protocols	<b>Dr. Mandar Agashe</b>
08.15 - 08.30 pm	Twists and Turns - Complications You Can't Ignore	<b>Dr. Darshan Kapoor</b>
08.30 - 9.00 pm	Interactive case discussion session - Sticky Situations, Difficult Reductions and Open Injuries	<b>Dr. Mandar Agashe</b>





# IFICS ONLINE SCHOOL

FRIDAY, AUGUST 8, 2025 | TIME: 07.00 PM - 09.00 PM (IST)

## SESSION 4: BEYOND THE HINGE - MASTERING PAEDIATRIC ELBOW FRACTURES (THAT AREN'T SUPRACONDYLAR)

Moderator: Dr. Sandeep Patwardhan

07.00 - 07.15 pm Puzzle at the Joint - Anatomy & Ossification Review

**Dr. K. C. Sreekanth**

07.15 - 07.30 pm The Lateral Shift - Lateral Condyle Fractures Made Simple

**Dr. Nirmal Raj Gopinathan**

07.30 - 07.45 pm The Throwing Arm - Medial Epicondyle Fractures

**Dr. Binoti Sheth**

07.45 - 08.00 pm Under Pressure - Radial Neck Fractures

**Dr. Dhiren Ganjwala**

08.00 - 08.15 pm Point of Impact - Olecranon Fractures and other uncommon elbow fractures

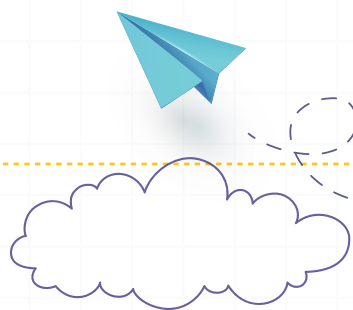
**Dr. Rujuta Mehta**

08.15 - 08.30 pm The Hidden Fracture - When the X-ray Lies - Uncovering TRASH lesions

**Dr. Hitesh Shah**

08.30 - 09.00 pm Interactive Case Discussion- "Fracture or Fiasco? What Would You Do?"

**Dr. Sandeep Patwardhan**





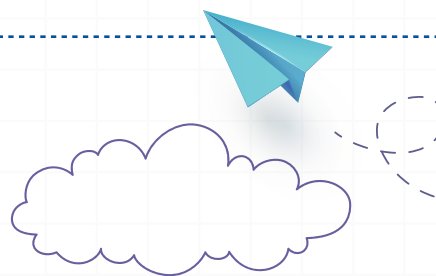
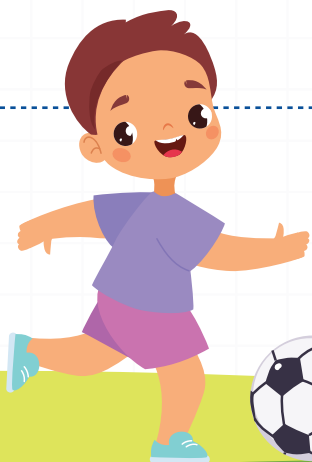
# IFICS ONLINE SCHOOL

SATURDAY, AUGUST 9, 2025 | TIME: 07.00 PM - 09.00 PM (IST)

## SESSION 5: TWIST AND SHOUT - MANAGING PAEDIATRIC FOREARM FRACTURES

Moderator: Dr. Binoti Sheth

07.00 - 07.15 pm	Form Meets Function - Anatomy & Growth of the Paediatric Forearm	<b>Dr. Rajiv Negandhi</b>
07.15 - 07.30 pm	The Greenstick Spectrum - Incomplete Fractures Explained	<b>Dr. Chaitrali Gundawar</b>
07.30 - 07.45 pm	A Fine Balance - Complete Diaphyseal Fractures of the Forearm	<b>Dr. Chintan Doshi</b>
07.45 - 08.00 pm	When Bones Won't Behave - Operative Fixation of Forearm Fractures	<b>Dr. Rajeev Nirawane</b>
08.00 - 08.15 pm	Targets and Traps - Monteggia and Galeazzi Injuries	<b>Dr. Viraj Shingade</b>
08.15 - 08.30 pm	The Twist Factor - Understanding and Managing Rotational Deformity	<b>Dr. Jayanth Sampath</b>
08.30 - 09.00 pm	Interactive Case Discussion - "Twists, Bends, Breaks - What Would You Do?"	<b>Dr. Binoti Sheth</b>







# IFICS ONLINE SCHOOL

SUNDAY, AUGUST 10, 2025 | TIME: 07.00 PM - 09.00 PM (IST)

## SESSION 6: PAEDIATRIC LOWER LIMB FRACTURES DEMYSTIFIED

Moderator: Dr. Shital Parikh

07.00 - 07.15 pm	Tiny Tots, Big Falls - Femoral Shaft Fractures - Conservative management	<b>Dr. Sushant Srivastava</b>
07.15 - 07.30 pm	Tiny Tots, Big Falls - Femoral Shaft Fractures - Operative management	<b>Dr. Tushar Agarwal</b>
07.30 - 07.45 pm	Slippery Slopes - Proximal Femur and Hip Fractures	<b>Dr. Sandeep Vaidya</b>
07.45 - 08.00 pm	Twists and Breaks - Tibial Shaft and Toddler's Fractures	<b>Dr. Tarang Khairnar</b>
08.00 - 08.15 pm	Falling Flat - Distal Tibia and Triplane Fractures	<b>Dr. Govardhan Ingale</b>
08.15 - 08.30 pm	Common Foot fractures in a child	<b>Dr. Sandeep Hemmadi</b>
08.30 - 09.00 pm	Interactive case discussion session on lower limb fractures	<b>Dr. Shital Parikh</b>





# IFICS MAIN CONFERENCE

**DAY 1: FRIDAY, AUGUST 15, 2025**

**09.00 - 11.15 AM: SESSION 1**



## TIME

## TOPIC

## FACULTY

**09.00 - 09.30 am**

### **Acute Physeal Injuries**

Basic principles  
Case discussion  
IFICS recommends

### **Dr. Sandeep Patwardhan**

Dr. Hitesh Shah  
Dr. Rujuta Mehta  
Dr. Vivek Sodhai  
Dr. Bhushan Sagade

**09.30 - 10.15 am**

### **Distal Radius Fractures**

Basic Principles  
Case discussion  
IFICS recommends

### **Dr. Premal Naik**

Dr. K. Venkatadass  
Dr. Kapil Gangwal  
Dr. Nirmal Raj Gopinathan  
Dr. Chintan Doshi  
Dr. Avi Shah

**10.15 - 11.15 am**

### **Forearm Fractures (Monteggia included)**

Basic Principles  
Case discussion  
IFICS recommends:

### **Dr. Taral Nagda**

Dr. Clare Carpenter  
Dr. Sandeep Vaidya  
Dr. Alaric Aroojis  
Dr. Bansi Khaunte  
Dr. T. Easwar  
Dr. Chaitrali Gundawar

**11.15 - 11.30 AM**

**TEA BREAK**



# IFICS MAIN CONFERENCE

**DAY 1: FRIDAY, AUGUST 15, 2025**

**11.30 - 01.15 PM: SESSION 2**

## TIME

## TOPIC

## FACULTY

**11.30 - 12.30 pm**

### **The Supracondylar Show**

Basic Principles  
Case discussion  
IFICS recommends

**Dr. Mandar Agashe**  
Dr. Sandeep Patwardhan  
Dr. Dhiren Ganjwala  
Dr. T. Easwar  
Dr. Sameer Desai  
Dr. Hitesh Chauhan  
Dr. Govardhan Ingale

**12.30 - 01.15 pm**

### **Lateral Condyle Humerus Fractures**

Basic Principles  
Case discussion  
IFICS recommends

**Dr. Binoti Sheth**  
Dr. Taral Nagda  
Dr. Ashish Ranade  
Dr. Gowerdhan Ingale  
Dr. Amit Nemade  
Dr. Bansi Khaunte

**01.15 - 02.00 PM**

**LUNCH**





# IFICS MAIN CONFERENCE



**DAY 1: FRIDAY, AUGUST 15, 2025**

**02.00 - 04.00 PM: SESSION 3**

**02.00 - 04.00 PM**

## **IFICS KARYASHALA 1 (DEMOS)**

**Workshop Co-ordinators:** Dr. Taral Nagda, Dr. Tushar Agarwal, Dr. Ashish Ranade, Dr. Deepak Jain

The delegates will rotate through the four workshops. Time for each workshop is 30 min. We will have specially curated bone models and instrumentation sets to animate real life fracture situations where delegates can have close interactions with experts in small groups and learn tips and tricks of the procedure and clarify doubts. Demonstrations of techniques to be performed in workshops by faculty members.

1. Upper limb plasters
2. Essity upper limb plaster techniques
3. Essity lower limb plaster techniques
4. Supracondylar humerus pinning
5. Lateral Condyle fracture fixation
6. Forearm TENS nailing



**04.00 - 04.15 PM**

## **TEA BREAK**

**04.15 - 06.00 PM: SESSION 4**

### **TIME**

**04.15 - 05.15 pm**

### **TOPIC**

**You only live twice... Re-Live surgeries by the experts (6+2min)**

**Moderators:** Dr. Rujuta Mehta, Dr. Shital Parikh

Arthrogram in paediatric orthopaedics  
Triplane fracture fixation  
Open reduction for lateral condyle humerus fractures  
Sub-muscular plating for spiral fracture femur  
Intra-focal reduction and Metazieu  
technique fixation for radial neck fractures  
Arthrogram and closed reduction and k-wire fixation  
for Song 3-4 Lateral condyle humerus fractures

### **FACULTY**

**Dr. Premal Naik**  
**Dr. Venkatadass K.**  
**Dr. Taral Nagda**  
**Dr. Mandar Agashe**  
**Dr. Kapil Gangwal**  
  
**Dr. Jayanth Sampath**







# IFICS MAIN CONFERENCE

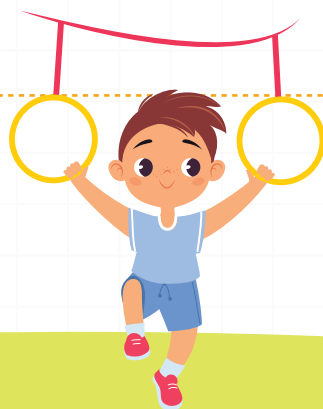
**DAY 1: FRIDAY, AUGUST 15, 2025**

## TIME

## TOPIC

## FACULTY

	Closed reduction and plaster of forearm fractures Percutaneous drilling and osteoclasis of forearm fractures	Dr. Binoti Sheth Dr. Sandeep Patwardhan
<b>05.15 - 06.00 pm</b>	<b>Out of the box, Uncommon Upper limb fractures (Medial condyle / Epicondyle / TRASH / Radial neck / Proximal humerus)</b> Basic Principles Case discussion IFICS Recommends	<b>Dr. Shital Parikh</b> Dr. Alaric Aroojis Dr. Binoti Sheth Dr. Viraj Shingade Dr. Jaideep Dhamele Dr. Tarang Khairnar
<b>06.00 - 06.45 PM</b>	<b>KAUN BANEGA "CASE"PATI...?</b> Chairpersons: Dr. Jayanth Sampath, Dr. Kapil Gangwal Interesting case reports by fellows, residents and delegates	
<b>06.45 - 07.30 PM</b>	<b>CHOTA RE-CHARGE....</b> Chairpersons: Dr. Binoti Sheth, Dr. Alaric Aroojis Interesting Case series of minimum 3 cases - Presented by fellows, residents and delegates	





# IFICS MAIN CONFERENCE



**DAY 2: SATURDAY, AUGUST 16, 2025**

**08.00 - 09.00 AM: SESSION 5**

TIME	TOPIC	FACULTY
08.00 - 09.00 AM	<b>BREAKFAST SESSION</b>  The Eureka moments... Controversies with Coffee / Agree to disagree Predictive value of median nerve injury in Pink Pulseless Hand issues  Safety of Trans-physeal k-wires for distal radius fractures  Bayonet reduction for metaphyseal radius fractures  Entrapped periosteum in Paediatric Medial Malleolus fractures	<b>Dr. Rujuta Mehta</b> <b>Dr. Alaric Aroojis</b> <b>Dr. Jayanth Sampath</b> <b>Dr. Sandeep Vaidya</b> <b>Dr. Viraj Shingade</b> <b>Dr. Binoti Sheth</b> <b>Dr. Nirmal Raj Gopinathan</b> <b>Dr. K. Venkatadass</b> <b>Dr. Kapil Gangwal</b> <b>Dr. Sandeep Hemmadi</b> <b>Dr. Clare Carpenter</b> <b>Dr. Shital Parikh</b>
09.00 - 09.30 AM	<b>IFICS INTERNATIONAL GUEST LECTURE</b>	
09.30 - 10.30 AM	<b>PROXIMAL FEMUR FRACTURES</b>  Basic Principles Case discussion	<b>Dr. Taral Nagda</b> <b>Dr. Dhiren Ganjwala</b>



# IFICS MAIN CONFERENCE

**DAY 2: SATURDAY, AUGUST 16, 2025**



## TIME

## TOPIC

## FACULTY

IFICS Recommends

Dr. Rujuta Mehta

Dr. Viraj Shingade

Dr. T. Easwar

Dr. Darshan Kapoor

10.30 - 11.00 AM

## ORATION

Evolution of management of Childrens' fractures over  
three decades - Are we treating them better?:

**DR. ASHOK JOHARI**



11.00 - 11.15 AM

## TEA BREAK

## 11.15 - 01.15 PM: SESSION 6

## TIME

## TOPIC

## FACULTY

11.15 - 12.30 pm

## Fracture Shaft Femur

Basic Principles

Case discussion

IFICS Recommends

## Dr. Premal Naik

Dr. K. Venkatadass

Dr. Ashish Ranade

Dr. Mandar Agashe

Dr. Rajiv Negandhi

Dr. Amit Nemade

Dr. Ranjit Deshmukh



# IFICS MAIN CONFERENCE



**DAY 2: SATURDAY, AUGUST 16, 2025**

**12.30 - 01.15 pm**

**Fractures around the knee - Distal femur, Intra-articular knee injuries, Proximal tibia fractures**

Basic Principles  
Case discussion  
IFICS Recommends

**Dr. Shital Parikh**  
Dr. Jayanth Sampath  
Dr. Hitesh Shah  
Dr. Nirmal Raj Gopinathan  
Dr. Jaideep Dhamele  
Dr. Sameer Desai

**01.15 - 02.00 PM**

**LUNCH**

## **02.00 - 04.00 PM: SESSION 7**

**02.00 - 04.00 PM**

**IFICS KARYASHALA (HANDS-ON)**

**Workshop Co-ordinators:** Dr. Taral Nagda, Dr. Tushar Agarwal, Dr. Ashish Ranade, Dr. Deepak Jain

The delegates will rotate through the eight workshops supervised by the faculty over 2 hours.

1. Lower limb plasters
2. TEN nail - Femur
3. Plates in Paediatric Orthopaedics
4. Fixation of physeal injuries around knee

**04.00 - 04.15 PM**

**TEA BREAK**







**04.15 - 06.00 PM: SESSION 8**

TIME	TOPIC	FACULTY
04.15 - 05.00 pm	<b>Fracture tibia and Ankle fractures</b> Basic Principles Case discussion IFICS Recommends	<b>Dr. Sandeep Patwardhan</b> Dr. Sandeep Hemmadi Dr. Rujuta Mehta Dr. K. Venkatadass Dr. Rohit Jain Dr. K. C. Sreekanth
05.00 - 06.00 pm	<b>Galtise Mistake. What went wrong session - Complications/ Complicated fractures</b>	<b>Dr. Sandeep Patwardhan</b> Dr. Mandar Agashe Dr. Taral Nagda Dr. Sandeep Vaidya Dr. Rujuta Mehta
06.00 - 07.00 PM	<b>FIRESIDE TALKS:</b> Breakout sessions with small-group discussions Fellowship opportunities in paediatric orthopaedics - How to plan your fellowship journey?  7 habits of highly successful people  Social media use: Boon or Bane - How to boost your practice using social media skills?  Research and publications - What's the right way?	Dr. Shital Parikh Dr. Clare Carpenter Dr. Sandeep Hemmadi Dr. Ashok Johari Dr. Taral Nagda  Dr. Neeraj Bijlani Dr. Ashok Shyam Dr. Mandar Agashe Dr. Binoti Sheth



# IFICS MAIN CONFERENCE

**DAY 2: SATURDAY, AUGUST 16, 2025**

07.30 PM  
ONWARDS

LIVE BAND COCKTAILS & DINNER  
Performance by Amit Gokhale, Christopher Fonceca



● Christopher Fonceca

● Amit Gokhale

**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL A: POST-TRAUMATIC DEFORMITIES IN CHILDREN**

**Course Directors: Dr. Taral Nagda, Dr. Mangal Parihar, Dr. Milind Chaudhary**

**PRE-CONFERENCE WEBINAR**  
( Date: Sunday, August 10, 2025 | Time: TBA )

**INCLUDED IN  
IFICS 2025  
REGISTRATION  
PACKAGE**

Planning for deformity correction: Making sense of MAD

Tool kit for deformity correction principles and case-based techniques

Guided growth

Bar excision for growth arrest

**Dr. Taral Nagda**

Osteotomy using plates

Osteotomy using JESS/ monoliteral fixator

Osteotomy using ring fixator

**Dr. Mangal Parihar**

Complex limb reconstructions - Intraarticular osteotomy

**Dr. Milind Chaudhary**

Complex limb reconstruction - Bone gaps / shortening

**Dr. Ruta Kulkarni, Dr. Ishani Chaudhary**



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL A: POST-TRAUMATIC DEFORMITIES IN CHILDREN**

**Course Directors: Dr. Taral Nagda, Dr. Mangal Parihar, Dr. Milind Chaudhary**

**SESSION 1: FOUNDATIONS & PRINCIPLES**

07:30 - 08:00 am	Registration and Introduction & Course Overview	
08:00 - 08:10 am	Ground rules - Top 10 tips on diagnosis and management -	
	How post traumatic deformities in children are different	<b>Dr. Taral Nagda</b>
08:20 - 08:30 am	Discussion	
08:10 - 09:00 am	Tutorial Planning of Deformity Correction through case examples (15 min each)	
	Deformity around knee	<b>Dr. Mangal Parihar</b>
	Deformity around ankle	<b>Dr. Milind Chaudhary</b>
	Deformity around hip	<b>Dr. Taral Nagda</b>
	Upper limb deformity	<b>Dr. Ishani Chaudhary</b>





**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL A: POST-TRAUMATIC DEFORMITIES IN CHILDREN**

**SESSION 2: REGIONAL DEFORMITY CORRECTION - LOWER LIMB**

**09:00 - 09:30 am**

**Case based learning planning and execution - Hip (2 cases)**

Post traumatic Coxa vara / valga

Post traumatic neck shortening

**09:30 - 10:15 am**

**Case based learning planning and execution - Knee (3 cases)**

Genu valgum / varum

Growth modulation

Bar excision

**10:15 - 10:30 am**

**Tea Break**

**10:15 - 11:00 am**

**Case based learning planning and execution - Complex limb reconstruction (3 cases)**

**11:00 - 01.00 pm**

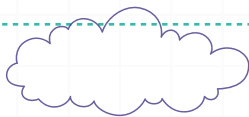
**Lower limb workshops (2 groups)**

Group 1: Genu Valgum correction biplanar osteotomy / Growth modulation using PET and 8 plate / Bar excision

Group 2: 6 axis correction / Bone transportation / Fixator assisted nailing

**01:00 - 01.45 pm**

**Lunch**



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL A: POST-TRAUMATIC DEFORMITIES IN CHILDREN**

**SESSION 3: REGIONAL DEFORMITY CORRECTION - UPPER LIMB**

**01.45 - 02.15 pm**

**Case based learning planning and execution - Elbow (4 cases)**

Cubitus varus

Cubitus valgus

Missed Monteggia

Stiff elbow

**02.15 - 03.00 pm**

**Case based learning planning and execution - Wrist & Forearm**

Malunions of radius / ulna

Radial shortening

Distal radial deformity

**03:00 - 03:15 pm**

**Tea Break**

**03:15 - 04:45 pm**

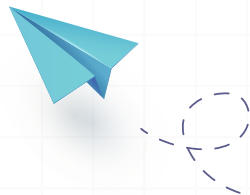
**Upper limb Workshop**

Group 1: Cubitus Varus / Cubitus Valgus / Elbow arthrolysis

Group 2: Malunited forearm / Distal radial malunion / Missed Monteggia

**04:45 - 05:00 pm**

**Queries and Closure**



DAY 3: SUNDAY, AUGUST 17, 2025

HALL B: PAEDIATRIC SPORTS INJURIES

Course Directors: Dr. Shital Parikh, Dr. Parag Sancheti

INCLUDED IN  
IFICS 2025  
REGISTRATION  
PACKAGE

From Playground to Podium: Treating Sports Injuries in the Young Athlete

08.30 - 08.40 am Introduction & Course Overview

08.40 - 09.00 am Plenary Talk: Dealing with the Paediatric Athlete - It's Different

Dr. Shital Parikh

09.00 - 09.40 am **SESSION 1: THE ADOLESCENT KNEE (7 MIN. EACH)**

Nuances in ACL reconstruction with open physis

Video Technique of Physeal Sparing ACL

Meniscal Preservation

Discoid Meniscus - Video Technique

Discussion (15 minutes)

Dr. Kailash Patil

Dr. Rajeev Raman

Dr. Mukesh Laddha

Dr. Sunny Gugale

09.40 - 10.40 AM **SESSION 2: PATELLO-FEMORAL JOINT (7 MINUTES EACH)**

Evaluation and Management of the 'First' dislocation

Relevant imaging and its role for PF Instability

Recurrent dislocation - Management strategies

Management of fixed dislocations

Video Techniques - MPFL + TTO

Video Techniques - 4-in-1 procedure in Patellofemoral instability

Delegate Questions (20 minutes)

Dr. Shital Parikh

Dr. Aditya Daftary

Dr. Sachin Tapasvi

Dr. Mukesh Laddha

Dr. Rajeev Raman

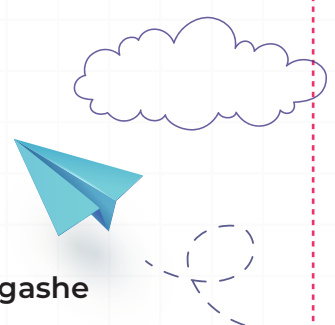
Dr. Shital Parikh



DAY 3: SUNDAY, AUGUST 17, 2025

HALL B: PAEDIATRIC SPORTS INJURIES

10.50 - 11.30 AM	<b>SESSION 3: OSTEOCHONDritis DISSECANS IN KNEE IN CHILDREN &amp; AVULSIONS (7 MIN. EACH)</b>  Evaluation & Management of OCD ACL & PCL Avulsion injuries - Management Management of Tibial Tuberosity Injuries Surgical Technique - ACL avulsion - Pull out sutures Discussion (15 minutes)	  Dr. Nilesh Kamat Dr. Rajeev Raman Dr. Sandeep Patwardhan Dr. Sachin Tapasvi
11.30 - 11.50 AM	<b>TEA BREAK</b>	
11.50 - 12.40 PM	<b>SESSION 4: ADOLESCENT HIP (7 MIN. EACH)</b>  Groin pain in obese athletes? Is it SCFE Femoroacetabular impingement in children? Is it common? Avulsion injuries around hip Snapping hip Discussion (15 minutes)	  Dr. Mandar Agashe Dr. Avi Shah Dr. Shital Parikh Dr. Mukesh Laddha
12.40 - 01.00 PM	<b>CASES FOR DISCUSSION - KNEE &amp; HIP</b>	  Dr. Parag Sancheti
01.15 - 02.00 PM	<b>LUNCH</b>	



# DAY 3: SUNDAY, AUGUST 17, 2025

## HALL B: PAEDIATRIC SPORTS INJURIES

02.00 - 02.40 PM

### SESSION 5: THE PAEDIATRIC ANKLE (7 MIN. EACH)

Sports injuries around ankle in adolescents  
Role of MRI & Imaging  
Management of Ligament Injuries of ankle  
Management of OCD of the Talus  
Delegate Questions (15 minutes)

Dr. Chetan Oswal  
Dr. Aditya Daftary  
Dr. Milind Gajewar  
Dr. Shital Parikh

03.00 - 04.10 PM

### SESSION 6: UPPER LIMB INJURIES IN PAEDIATRIC ATHLETES

**Moderators:** Dr. Ashutosh Ajri, Dr. Ishan Shewate

Elbow instability in children and adolescents  
Shoulder pain in the Racquet / Throwing athlete - A guide to evaluation  
Imaging of shoulder injuries  
The first dislocation - Does it need Surgery?  
Managing cuff injuries in adolescents - What is different?  
Adolescent Clavicle and AC joint injuries  
Discussion (20 minutes)

Dr. Sandeep Patwardhan  
Dr. Nilesh Kamat  
Dr. Aditya Daftary  
Dr. Shirish Pathak  
Dr. Ashutosh Ajri  
Dr. Ishan Shewate





**DAY 3: SUNDAY, AUGUST 17, 2025**  
**HALL B: PAEDIATRIC SPORTS INJURIES**

**04.20 - 05.00 PM**

**PANEL DISCUSSION**

**Panellists:** Dr. Parag Sancheti, Dr. Sachin Tapasvi, Dr. Shital Parikh, Dr. Aditya Daftary,  
Dr. Sandeep Patwardhan

Integrating sports medicine in your paediatric practice

Adolescent sports injuries - A different ballgame

Importance of Arthroscopy techniques

Team work - Pedipod + Adult Orthopaedic Surgeon / MSK Radiologist / Physiotherapist / Counsellor

**05.00 - 05.15 PM**

**CLOSING REMARKS & VALEDICTORY**



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL C: GRAF BASIC HIP ULTRASOUND COURSE**

**Course Directors: Dr. Sandeep Hemmadi, Dr. Clare Carpenter, Dr. Joban Babhulkar**

REGISTRATION IS  
SEPARATE &  
NOT INCLUDED  
IN IFICS 2025  
REGISTRATION  
PACKAGE

**SESSION ONE: THEORY ON ZOOM  
(1 WEEK PRIOR TO MAIN PRACTICAL HANDS-ON COURSE)**

**WELCOME: DR. SANDEEP HEMMADI**

**FACULTY INTRODUCTION**

**LECTURE 1 - ANATOMICAL DEFINITION: DR. SANDEEP HEMMADI**

**Learning points (Checklist 1)**

- Chondro-osseous border
- Femoral head
- Synovial fold
- Joint capsule
- Labrum
- Hyaline cartilage roof
- Bony roof ending in lower limb
- Turning point (concavity to convexity)



**LECTURE 2 - USABILITY CHECK: DR. SANDEEP HEMMADI**

**Learning points (Checklist 2)**

- **Lower limb, Plane, Labrum**

Questions from text bar lecture 1 and 2: All Faculty

Group practice

Few slides for identification - centred or decentred

Using the workshop 1 images from the work book.

Anatomical identification check list 1 - if centred or not

Then Usability check list 2



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL C: GRAF BASIC HIP ULTRASOUND COURSE**

**SESSION ONE: THEORY ON ZOOM (1 WEEK PRIOR TO MAIN PRACTICAL HANDS-ON COURSE)**

**LECTURE 3 - TYPES OF HIP: DR. SANDEEP HEMMADI**

**Learning points**

- Type I - Mature
- Type II - Hip centred - less bony cover
- Type III - Decentred - Cartilage pushed up
- Type IV - Decentred - Cartilage pushed down



**LECTURE 4 - SCANNING TECHNIQUE: DR. CLARE CARPENTER**

Video demonstration

Handling the mother / positioning the baby / Sonofix and guide. Never pull on the leg - babies have a flexion, external rotation contracture early on and so will be painful.

Gel on the skin / Finger-position

Forward-backwards..... and identify the lower limb first, never the plane first!

**LECTURE 5 - MEASUREMENT & CLASSIFICATION: DR. SANDEEP HEMMADI**

**Learning points**

- Type I - Alpha angle  $\geq 60$
- Type II - Alpha angle 43 - 59
- Type III - Decentered Cartilage displaced upwards, perichondrium upwards
- Type IV - Decentered Cartilage displaced downwards, perichondrium horizontal

**LECTURE 6 - CLINICAL / SELECTIVE / UNIVERSAL SCREENING: DR. SANDEEP HEMMADI**



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL C: GRAF BASIC HIP ULTRASOUND COURSE**

**SESSION ONE: THEORY ON ZOOM (1 WEEK PRIOR TO MAIN PRACTICAL HANDS-ON COURSE)**

**LECTURE 7 - TILTING ERRORS AND COMMON ERRORS IN PRACTICE: DR. CLARE CARPENTER**

**Learning points**

- Be aware of possibility of tilting error
- Scan should show all anatomical landmarks correctly
- Correct scan - accurate diagnosis - correct treatment

**LECTURE 8 - PRINCIPLES OF TREATMENT: DR. CLARE CARPENTER**

**Learning points**

- Reduction
- Retention
- Ossification / Maturation
- Treat till Type I, Avoid iatrogenic complications

**LECTURE 9 - WHY THE GRAF METHOD: DR. SANDEEP HEMMADI**

**SUMMARY & TAKE-HOME MESSAGE**



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL C: GRAF BASIC HIP ULTRASOUND COURSE**

**Course Directors: Dr. Sandeep Hemmadi, Dr. Clare Carpenter**

**Table Demonstrators: Dr. Bhushan Sagade, Dr. Sandeep Patwardhan**

**GRAF BASIC HIP ULTRASOUND COURSE (PRACTICAL SESSION)**

09.30 - 09.45 AM

REGISTRATION AND COFFEE

09.45 - 10.00 AM

WELCOME FACULTY INTRODUCTIONS: DR. SANDEEP HEMMADI

Group 1

Group 2

Group 3

10.00 - 10.15 AM

WORKSHOP 1 - ANATOMICAL DEFINITION: ALL FACULTY

Group practice (15 min) on few slides for identification - centred or decentred

All delegates to use the workshop 1 images in the work book.

Do checklist 1.

Draw in Labrum - triangle

Put a dot on the turning point: Concavity to convexity (use thumb or coin)

Explain concept of centred and decentred hip

At the end of check list one

One decision required is the hip centred or not centred.

**Learning points (Checklist 1)**

1. Chondro-osseous border





**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL C: GRAF BASIC HIP ULTRASOUND COURSE**

**GRAF BASIC HIP ULTRASOUND COURSE (PRACTICAL SESSION)**

2. Femoral head
3. Synovial fold
4. Joint capsule
5. Labrum
6. Hyaline cartilage roof
7. Bony roof down to lower limb
8. Turning point (concavity to convexity)



**10.15 - 10.30 AM**

**WORKSHOP 2 - USABILITY CHECK: ALL FACULTY**

Group practice on few slides for checklist 1 and 2

1. Mark the outline of the lower limb.
2. Use the lower and inner most aspect (femoral side) of the bright spot
3. Anatomical identification check list 1 - if centred or not
4. Then Usability check list 2

**Learning points (Checklist 2)**



DAY 3: SUNDAY, AUGUST 17, 2025

HALL C: GRAF BASIC HIP ULTRASOUND COURSE

GRAF BASIC HIP ULTRASOUND COURSE (PRACTICAL SESSION)

- 1. Lower limb
- 2. Plane
- 3. Labrum



10.30 - 10.45 AM

SCANNING DEMONSTRATION: ALL FACULTY

Handling the mother / positioning the baby / sonofix and guide. Never pull / extend the leg - babies have a flexion contracture early on at hip and so will be painful.

Gel on the skin/ Finger-position left hip and finger position right hip to achieve internal rotation

Forward-backwards..... and identify the lower limb first, never the plane first!

	GROUP 1	GROUP 2	GROUP 3
10.45 - 11.15 AM	Anatomical identification	Anatomical identification	Phantom Hip scan clinic
11.15 - 11.45 AM	Usability check/homework	Phantom Hip scan clinic	Anatomical identification
11.45 - 12.15 PM	Phantom Hip scan clinic	Usability check/homework	Usability check/homework



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL C: GRAF BASIC HIP ULTRASOUND COURSE**

**GRAF BASIC HIP ULTRASOUND COURSE (PRACTICAL SESSION)**

12.15 - 12.30 pm

Questions

12.30 - 01.30 PM

**LUNCH (PHANTOM STATION AVAILABLE FOR PRACTICE)**

01.30 - 01.40 PM

**WORKSHOP 3 - TYPES OF HIP: ALL FACULTY**

Group practice on few slides for type of hip

Type the images in the workbook, no measurements

Anatomical checklist 1 then decided centred or not

If centred 1 or 2, if decentred 3 or 4

Usability check, Description. No measurement at this stage

Discuss the exception to the usability check list - In a decentred joint the lower limb may be not visible. Explain? (They are in different planes)

Checklist 1 first, because if it is a decentred joint, even if plane is incorrect or no lower limb visible you may have a diagnosis

**Learning points**

1. Type I - Mature
2. Type II - Hip centred - less bony cover
3. Type III - Decentred - Cartilage pushed up
4. Type IV - Decentred - Cartilage pushed down



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL C: GRAF BASIC HIP ULTRASOUND COURSE**

**GRAF BASIC HIP ULTRASOUND COURSE (PRACTICAL SESSION)**

01.40 - 01.50 PM

**WORKSHOP 4 - MEASUREMENT & CLASSIFICATION: ALL FACULTY**

Group practice (15 min) on few slides

Description write down type, Only then Draw in the angles  
base line and bony roof line, alpha and beta angles.

**Hints to avoid typical mistakes:**

Lower Limb (Errors: fatty soft tissue; Ossification in triradiate cartilage; Fovea)

Bony roof line (BRL) is never placed inside the echoes! Pivot from lower limb tangential to the bony roof. BRL in contact to the bone

BRL comes from the lower inner edge of the lower limb and not from the middle of the lower limb.

Base line. Tangential to the bone from where Proximal perichondrium attaches to bone of Ilium

Explain the different echoes on the lower limb: Fovea, fat, ligament.



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL C: GRAF BASIC HIP ULTRASOUND COURSE**

**GRAF BASIC HIP ULTRASOUND COURSE (PRACTICAL SESSION)**

**Learning points:**

- 1. Type I - alpha angle  $\geq 60$
- 2. Type II - alpha angle 43 - 59
- 3. Type III - decentred Cartilage displaced upwards; perichondrium upwards
- 4. Type IV - decentred Cartilage displaced downwards; perichondrium horizontal
- 5. Sub-classifications within Type II

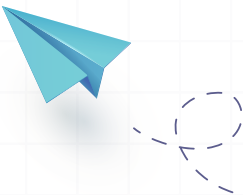
01.50 - 02.00 PM

**WORKSHOP 5 - TILTING ERRORS**

**Group practice**

**Learning points:**

- 1. Be aware of possibility of tilting error
- 2. Scan should show all anatomical landmarks correctly
- 3. Correct scan - accurate diagnosis - correct treatment



	GROUP 1	GROUP 2	GROUP 3
02.00 - 02.30 PM	Phantom Hip scan	Types of Hip	Types of Hip
02.30 - 03.00 PM	Types of Hip	Phantom Hip scan	Measurement & tilting errors
03.00- 03.30 PM	Measurement & tilting errors	Measurement & tilting errors	Phantom Hip Scan



**DAY 3: SUNDAY, AUGUST 17, 2025**

**HALL C: GRAF BASIC HIP ULTRASOUND COURSE**

**GRAF BASIC HIP ULTRASOUND COURSE (PRACTICAL SESSION)**

**03.30 - 03.45 PM**

**COFFEE BREAK**

**03.30 - 04.00 PM**

**QUESTIONS / DISCUSSION ON TREATMENT AND TILTING: ALL FACULTY**

**04.00- 04.30 PM**

**SUMMARY / CLOSING REMARKS: DR. SANDEEP HEMMADI**

Final group slides

Feedback completed online and a certificate of attendance issued on completion of feedback



## REGISTRATION PACKAGES

### NON-RESIDENTIAL PACKAGE

CATEGORY	LATE & SPOT (FROM 1 <sup>ST</sup> JULY, 2025)
DELEGATE	₹ 10,999 + ₹ 1,980 (18% GST) = ₹ 12,979
PG STUDENT/FELLOW	₹ 8,000 + ₹ 1,440 (18% GST) = ₹ 9,440

REGISTRATION  
FOR GRAF  
COURSE IS  
ADDITIONAL  
AND NOT A  
PART OF IFICS  
PACKAGE

**Non-Residential Registration Package Includes:** Conference Registration Fees + Sports Injuries in Children Course OR Deformity Course + Conference Lunches on Friday, Saturday and Sunday (15<sup>th</sup>, 16<sup>th</sup> and 17<sup>th</sup> August, 2025) + Gala Dinner on Saturday (16<sup>th</sup> August, 2025) + Visit of Trade Exhibition + Conference Registration Kit

### RESIDENTIAL PACKAGE (2 NIGHTS / 3 DAYS)

CATEGORY	LATE & SPOT (FROM 1 <sup>ST</sup> JULY, 2025)
TWIN SHARING BASIS (PER PERSON)	₹ 19,999 + ₹ 3,600 (18% GST) = ₹ 23,599
SINGLE OCCUPANCY BASIS	₹ 27,999 + ₹ 5,040 (18% GST) = ₹ 33,039
DELEGATE WITH 1 ACCOMPANYING PERSON	₹ 37,999 + ₹ 6,840 (18% GST) = ₹ 44,839

REGISTRATION  
FOR GRAF  
COURSE IS  
ADDITIONAL  
AND NOT A  
PART OF IFICS  
PACKAGE

**Residential Registration Package (2 Nights / 3 Days) Includes:** Room at Hyatt Regency Pune (Check- In on Friday, 15<sup>th</sup> August, 2025 after 2.00 pm and Check-out on Sunday, 17<sup>th</sup> August, 2025 before 12.00 noon) + Registration Fees + Sports Injuries in Children Course OR Deformity Course + Conference Lunches on Friday, Saturday and Sunday (15<sup>th</sup>, 16<sup>th</sup> and 17<sup>th</sup> August, 2025) + Breakfast on 16<sup>th</sup> & 17<sup>th</sup> August, 2025 + Gala Dinner on Saturday (16<sup>th</sup> August, 2025) + Visit of Trade Exhibition + Conference Registration Kit



## REGISTRATION PACKAGES



### RESIDENTIAL PACKAGE (3 NIGHTS / 4 DAYS)

CATEGORY	LATE & SPOT (FROM 1 <sup>ST</sup> JULY, 2025)
TWIN SHARING BASIS (PER PERSON)	₹ 24,999 + ₹ 4,500 (18% GST) = ₹ 29,499
SINGLE OCCUPANCY BASIS	₹ 36,999 + ₹ 6,660 (18% GST) = ₹ 43,659
DELEGATE WITH 1 ACCOMPANYING PERSON	₹ 46,999 + ₹ 8,460 (18% GST) = ₹ 55,459

REGISTRATION  
FOR GRAF  
COURSE IS  
ADDITIONAL  
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PART OF IFICS  
PACKAGE

**Residential Package (3 Nights / 4 Days) Includes:** Room At Hyatt Regency Pune (Check-In On Thursday, 14<sup>th</sup> August, 2025 After 2.00 Pm And Check-Out On Sunday, 17<sup>th</sup> August, 2025 Before 12.00 Noon) + Registration Fees + Sports Injuries in Children Course OR Deformity Course + Conference Lunches On Friday, Saturday And Sunday (15<sup>th</sup>, 16<sup>th</sup> And 17<sup>th</sup> August, 2025) + Breakfast On 15<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup> August, 2025 + Gala Dinner On Saturday (16<sup>th</sup> August, 2025) + Visit Of Trade Exhibition + Conference Registration Kit

### SPECIAL ONE DAY REGISTRATION

Avail Special One Day Registration package and attend any of the below courses without registering for IFICS 2025

CATEGORY	AMOUNT
SPORTS INJURIES IN CHILDREN COURSE	₹ 7,500 + ₹ 1,350 (18% GST) = ₹ 8,850
DEFORMITY COURSE	₹ 7,500 + ₹ 1,350 (18% GST) = ₹ 8,850
GRAF COURSE	₹ 7,500 + ₹ 1,350 (18% GST) = ₹ 8,850

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